

Pre show Information: Always Already by Haranczak/ Navarre Performance Projects

This information is to help you decide if Always Already is for you. Content notes, including what happens in the show, are further in the document.

The Space

The performance area is a rectangular in shape, with the audience on three sides of the performance area.

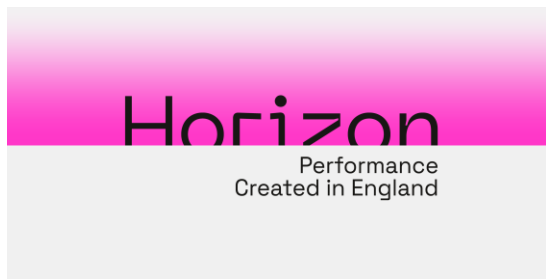
Over the course of the 8 hours, a large quantity of sheep wool insulation is moved into different positions. Sometimes this looks like a wall, sometimes a tower, sometimes a carpet.

Hanging at the wall end of the space is a set of mechanical lungs.

In the middle of the floor is a long wooden beam. During the performance, string is woven many times through this beam and attached to two planks hanging from the ceiling. The string makes a V shape, and mimics the shape of a weaving loom.

Between 11:30-17:30 and 18:30-19:30 the audience are free to sit and also move around the space.

Between 17:30-18:30 they will need to sit on chairs.



The Performers

The performers are Karen Christopher and Tara Fatehi

Lighting and Sound

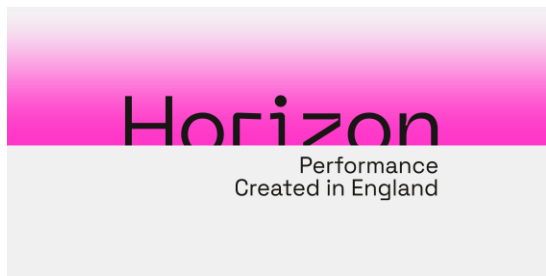
- There is a continuous soundtrack. Often the soundtrack is the sound of breathing, and also includes voices, sometimes talking in Farsi.
- There are some loud moments when the dancers stamp on the floor.
- There are repeated, loud sounds, a bit like a saw at the very end of the show.
- There is natural light from windows throughout. There is additional lighting designed to subtly complement the natural light, and which will change gradually as the light outside changes over the course of 8 hours. There are no sudden lighting changes.

Participation

There is no audience participation.

Access Information

- The show is 8 hours long. During the penultimate hour 17:30-18:30 there is a one hour performance (a 'thicker weave' of performance material).
- There is no interval.
- All performances are Relaxed; this means you can move or make noise if you need to. You can go in and out of the performance space.
- Latecomers will be permitted.
- There is step free access to the space via a lift.



- There will be a BSL Interpreted performance on Friday 25th August 17:30-18:30.

Content Notes

During the penultimate hour of the performance the two performers do slow repetitive movements to a soundtrack of breathing, birdsong and an abstract text. The two performers do things like look through the carpet wall, wear dandelion puffs in their hair, balance on chairs, pour out dry seeds and create patterns with it.

The abstract text returns a few times to the idea of dandelions and other plants growing in people's bodies.