

Always Already Visual Guide



What can I expect?



Always Already is about the way small things add up to big changes. It is also about the combination of human, plant and machine.

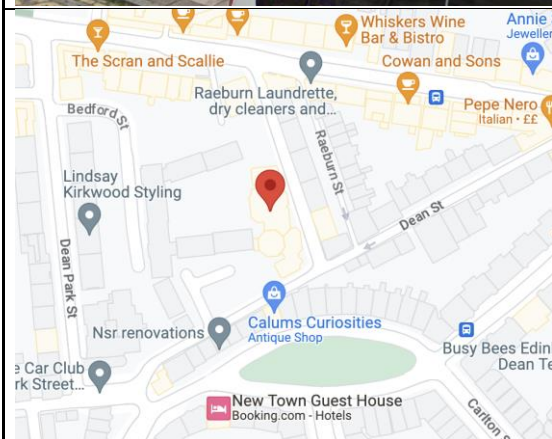
Sometimes things in Always Already stand for other things. Sometimes the voiceovers describe impossible things like plants growing from bodies.

This is meant to help you think about the connections between things.



Always Already is at Edinburgh LifeCare Centre.

There is step-free access.



Bus 29 stops close to the venue.

Buses 19, 37, 43, 113 stop a little ways away from the venue.

The performance takes place over eight hours.

This guide is about the final hour.



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There is a BSL interpreted performance on Friday 25 August, 5:30 – 6:30pm.



All performances are relaxed performances.

This means you can move and make noise.

You can leave the performance and come back.



There are whirring noises at the very end of the performance.

The performance ends with a grating electronic noise.

Throughout there's speaking over the sound of breathing.

In one part near the end there's speaking over the sound of birds.

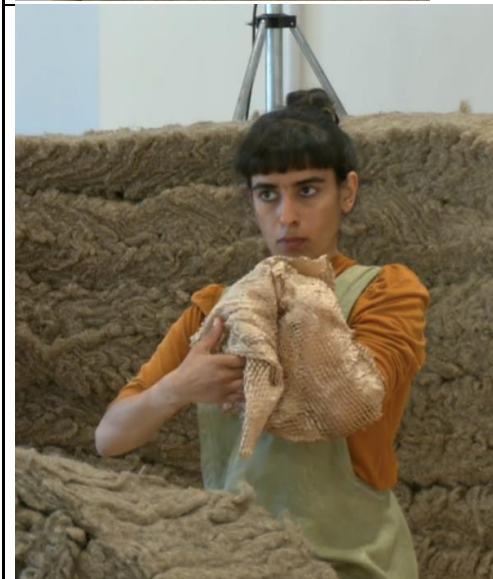


There are no bright, flashing or moving lights.

Who are the performers?



This is Karen Christopher.



This is Tara Fatehi.

What happens?



Karen and Tara peek out of the soft wall.

They come out from behind the wall.

Tara and Karen curve the wall.



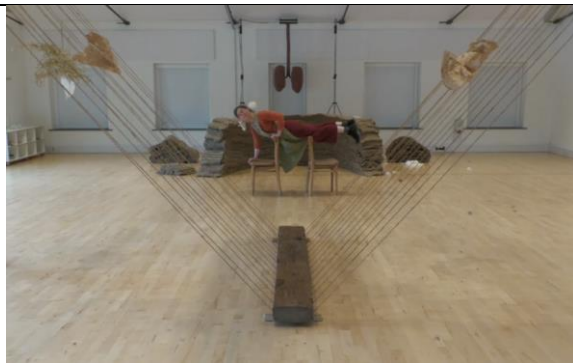
Tara puts a white sculpture on her head. It looks like a branch.

She sings.

Karen puts on sleeves with leaves hanging off them.

The leaves fall away.

They move together to the sound of breathing.



Karen puts on a headpiece with what looks like dandelion fluff.

She balances herself across two chairs.

She sings about a dandelion seed growing inside of her.

Tara and Karen go into the loom, sing and move together.



They go to the soft wall and sway.

A recorded voice talks about two people watching leaves falling from a tree for a long time.

They come in front of the wall and move together.

The voice over describes the movement of a machine. This might also be describing the movement of Tara and Karen.

The voice is wondering how long it can wait until it must kill an idea by writing it down.

The voice talks about how falling leaves make it feel sad.

The voice talks about how little we understand.

The voice talks about seeing the heart of a child who fell ill and died after falling from a tree. The heart seemed to have a tree growing out of it.

The voice wonders what isn't a performance?



Karen takes seeds and pours them out on the floor in the shape of a tree.

The tree connects the loom to the wall.

Karen and Tara gently pat the seeds into clear shapes.



Tara and Karen go to the wall and hold fabric up. It looks a little like they are bushes.

They put the fabric over different body parts.

Tara sings and Karen joins in.



They go behind the wall in front of the lungs.


There is the sound of birds singing.

There are voices talking at the same time.

A voice asks questions about your breathing.

A voice talks about a pea growing in someone's lung.

A voice talks about leaves falling to the ground.

	<p>A voice talks about someone whose body had fabric and mushrooms in him.</p>
 A photograph showing two women, Karen and Tara, wearing green overalls over orange long-sleeved shirts. They are standing behind a table covered with a light-colored, fibrous material. They are reaching towards each other's hands, which are just above the table surface. In the background, there are large, brown, mushroom-like objects hanging from the ceiling.	<p>There are repeated whirring noises.</p> <p>The lungs behind them breath.</p> <p>Karen and Tara reach for each other and then their hands fall.</p> <p>There is a grating electronic noise.</p> <p>The performance ends.</p>